Taboo Breaker: Exploring Teen Pregnancy Through Diverse Real-Life Perspectives

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Introduction

Topics within the realm of medical humanities sometimes engage with sensitive, controversial, or stigmatized issues, with adolescent pregnancy being one of the examples. In that case, conventional teaching methods may be less effective in achieving comprehensive learning outcomes. Therefore, in MH2O37s: Teen's pregnancy, integrating community outreach and interactive games, two student convenors collaborated with local NGO and practicing clinicians to design learning activities on the topic of adolescent pregnancy from social, medical, as well as personal angles. By involving hands-on experience and real-life scenarios, students can bridge academic knowledge with reality, allowing them to witness, participate and reflect in real-world cases and thus introducing more impactful educational experience. Students taking the course would attend an in-class workshop, a tutorial, plus selfexploratory outside-classroom activities.

Course preparation



Do you have questions for your guest speaker Did you encounter any difficulties when disclosing pregnancy to your family/friends?

Couse expectation from students

Collaboration with local NGO

and practicing clinician

SIMULATION GAME

In our pregnancy simulation game,

students engage in a role-play

session adapted from true cases

and are challenged to put

themselves in others' shoes, namely,

the pregnant adolescent, her

partner, the parents, and social

workers.



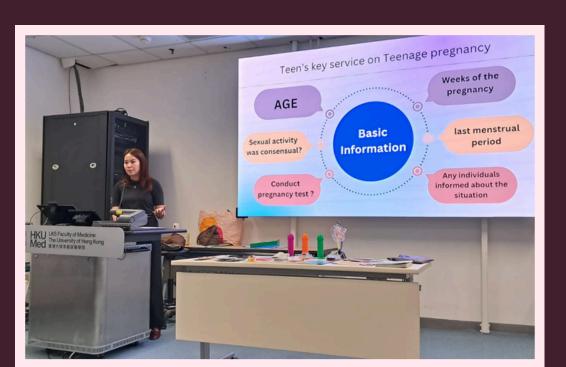
INTERACTIVE BOOTH

In mini-contraception booth. Under professional guidance, students acquire knowledge regarding the use of common contraceptive tools through instructional models, including condoms, intrauterine devices, and oral contraceptive pills.



COMMUNITY OUTREACH

In collaboration with NGO, students were offered opportunities to engage with the night club outreach programs and sex education workshop at local secondary schools.



Consolidate basic

knowledge

Experiential learning





Practice in real world

CASE SHARING BY YOUNG MOM

During our mother sharing session, students acquire valuable insights into managing the social stigma associated with unexpected pregnancies. They also develop a greater appreciation for the efforts these young mothers undertake to embrace and nurture new life.



CLINICIAN SHARING

A practicing O&G doctor at QMH was invited to the workshop to discuss the general trend of teen pregnancy in HK and share real-world cases in hospital settings.



Students feedback:



The workshop provided me with an overview of the support available to teenage pregnant mothers. I acquired knowledge of contraceptive measures from both female and male perspectives and insights into current Hong Kong legislation for underage sexual intercourse and abortion. I was able to fill the gap in my sexual education, which was lacking during my high school years.



Through real-life scenarios and discussions, I realized the difficulties and significant consequences it imposes on adolescents and their families. This workshop highlighted the critical role of education and preventive measures, motivating me to devote myself to the health and welfare of teenagers in the future.