

Taboo Breaker: Exploring Teen Pregnancy Through Diverse Real-Life Perspectives

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Introduction

Topics within the realm of medical humanities sometimes engage with sensitive, controversial, or stigmatized issues, with adolescent pregnancy being one of the examples. In that case, conventional teaching methods may be less effective in achieving comprehensive learning outcomes. Therefore, in MH2037s: Teen’s pregnancy, integrating community outreach and interactive games, two student convenors collaborated with local NGO and practicing clinicians to design learning activities on the topic of adolescent pregnancy from social, medical, as well as personal angles. By involving hands-on experience and real-life scenarios, students can bridge academic knowledge with reality, allowing them to witness, participate and reflect in real-world cases and thus introducing more impactful educational experience. Students taking the course would attend an in-class workshop, a tutorial, plus self-exploratory outside-classroom activities.

Course preparation



Students feedback:



The workshop provided me with an **overview of the support available to teenage pregnant mothers**. I acquired knowledge of contraceptive measures from both female and male perspectives and insights into **current Hong Kong legislation for underage sexual intercourse and abortion**. I was able to fill the **gap in my sexual education, which was lacking during my high school years**.



Through real-life scenarios and discussions, I realized the **difficulties and significant consequences it imposes on adolescents and their families**. This workshop highlighted the **critical role of education and preventive measures**, motivating me to devote myself to the health and welfare of teenagers in the future.